



FBCT Internet Safety Ministry

Helping families protect
themselves from pornography and
other internet dangers



“Pornography is the most concerning thing to psychological health that I know of existing today”

- Mary Anne Layden

Codirector of the sexual trauma and psychopathology program at the University of Pennsylvania

The Disturbing Truth About Porn

It preys specifically on the insecure preteen or teenager... it's a place of false comfort and acceptance. Once it has gained a foothold, it is often carried into adulthood.

There is not a consistent victim. People from all walks of life and family dynamics are susceptible.

No child is immune – Including yours. Regardless of what you may think.

Porn addiction is at epidemic levels among adult men. Many women are also addicted but it is primarily a male problem.

The Disturbing Truth About Porn

The “Dope” Superhighway

Prolonged exposure actually rewires the brain and creates a dopamine super highway.

Over time it becomes the pathway by which interaction with women is routed.

All women have become potential porn stars in the minds of these men.



They have imprisoned their ability to see women rightly – as being created in God’s image.

The Disturbing Truth About Porn

Porn addicts lie.

Even if it has not reached an addictive level, the user will lie to gain access to it and will lie to hide the shame and embarrassment they risk with being discovered.

According to a study conducted by the University of New Hampshire about 90% of children between the ages of 8 and 16 have looked at porn.

Porn severely warps your perspective and robs you of some of life's Holy and beautiful moments.

What can we do?

Drench your family in God centered thinking and activities.

“I know of no other way to triumph over sin long-term than by faith to die with Christ to our old seductions, that is to gain a distaste for them because of a superior satisfaction in God.” - Pastor John Piper

“For where your treasure is, there your heart will be also.”

- Matthew 6:21

What can we do?

Talk to your child about the dangers preferably before that first year of middle school, but maybe earlier depending on your child's social circle.

Be vigilant! Porn addiction is accompanied by an incredible creativity to access it.

Securing Wireless Devices

You cannot “Set it and forget it”.

1 Peter 5:8-9 “Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour.”

Scripture instructs us to “flee temptation”. That is what these techniques allow us to do.

TRUTHS – For Husbands and Wives

Wives – If your husband has a porn addiction... It's not your fault! Chances are he's carried this around since his teen years, he is drowning and he needs your help.

Porn addiction thrives in darkness and secrecy. Give your husband permission to confess. When we are done here tonight tell him:

“I don't know if this is a struggle you have, but if it is... I forgive you and I want to help you bring it into the light so that with God's strength we can destroy it together.”

Fear of your reaction is a contributing factor to his desire to keep it hidden and do nothing about it.

SECURING APPLE DEVICES



4 steps...

- Download a secure web browser
- Set a Restrictions Passcode
- Set Restrictions
- Remove Safari – the default Apple browser

STEP I - DOWNLOAD A SECURE BROWSER



Tap "Search"

In the search window type "K9
Web Protection"

STEPS FOR SECURING APPLE DEVICES



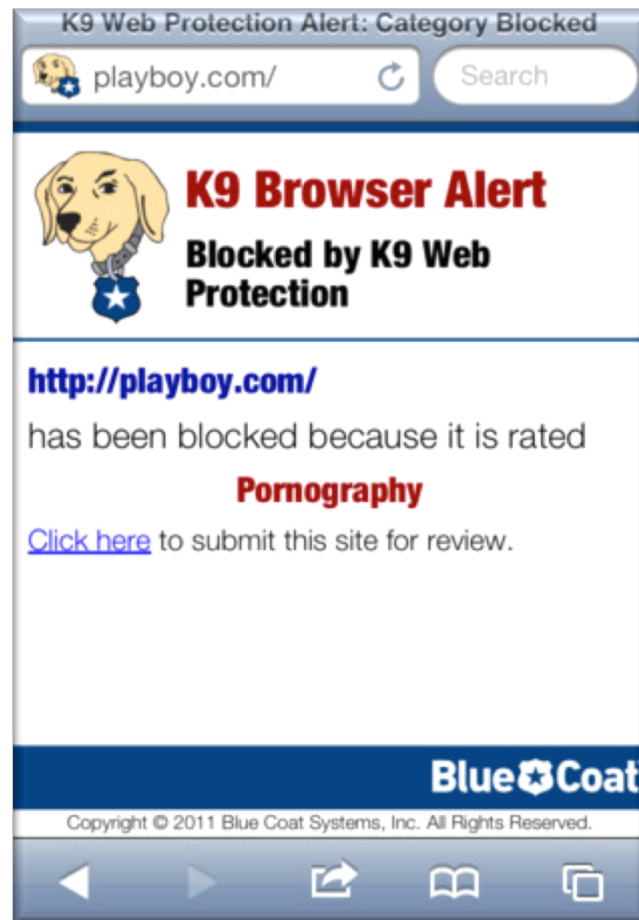
Download this app from the App Store....
It's free.

When it has finished loading you will see
this K9 Icon above as one of your available
apps. Tap on the icon and open it.

STEPS FOR SECURING APPLE DEVICES



This is what the K9 browser looks like...



This is what happens when you try to navigate to an inappropriate web site

STEP 2 – SETTING A RESTRICTIONS PASSCODE



Open the
“General”
Menu

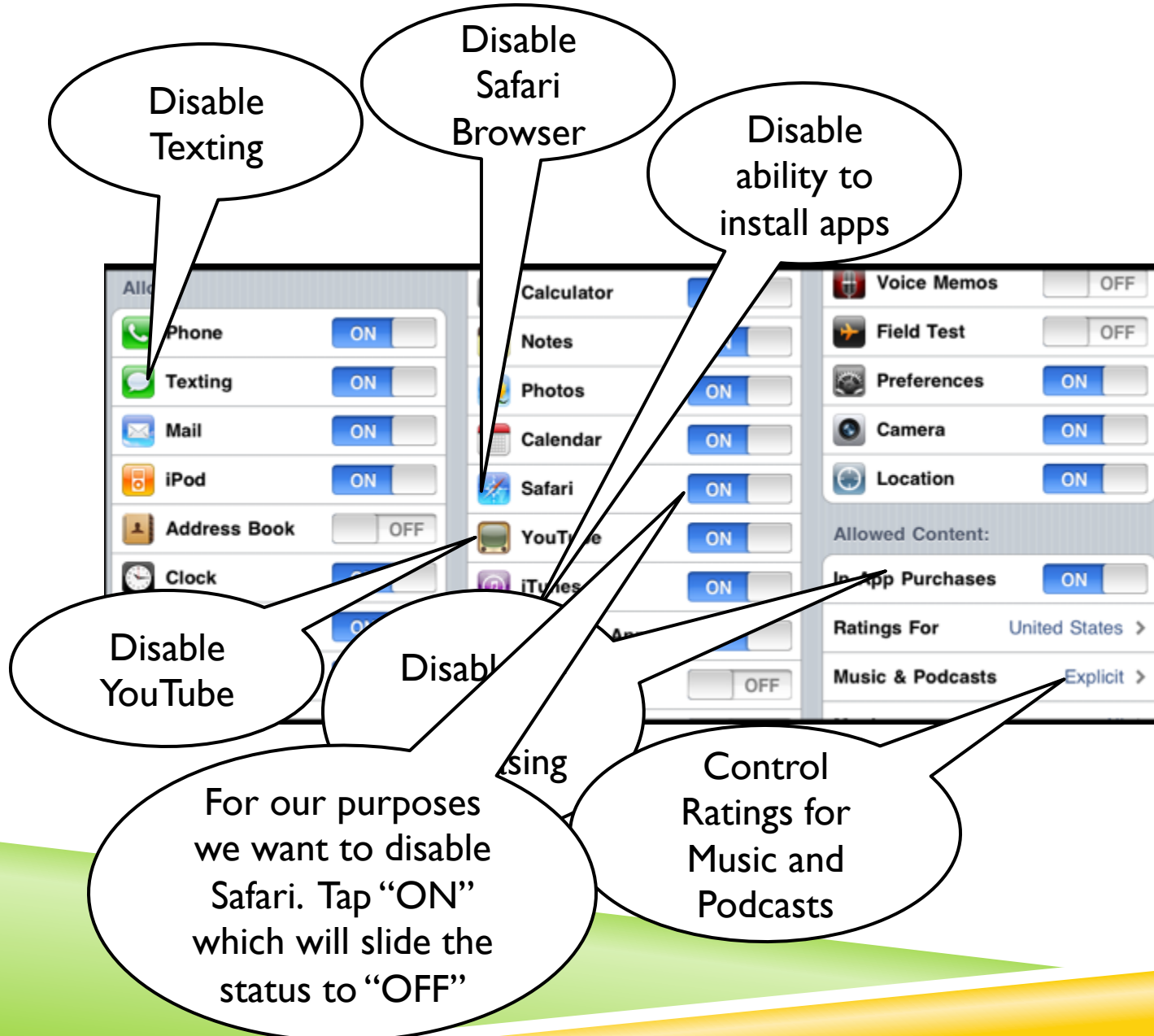
Tap the “Settings” icon



ns
d a
restrictions passcode before make
up a number and type it in now.
You will be asked to type in twice
to confirm

Only the parent should know the
restrictions passcode!

FROM THE RESTRICTIONS MENU YOU CAN...



STEPS FOR SECURING APPLE DEVICES

Once you have made your changes, tap the “General” button to leave the Restrictions screen .



Click the “Home” button to close settings and return to the main app selection screen. Safari should be missing, and K9 should be listed

TAKING CONTROL – FINAL STEPS AND REMINDERS!

So...

- You now have a secure a browser that blocks inappropriate content
- Using Restrictions, you have completely removed Safari requiring the user to search via K9.

Now you have to take control of the AppleID. If you give your child their own AppleID – **Only the parent should know the password.**

- It puts you in control of what applications are downloaded to the device. They must bring the device to you each time they want to download something.
- Since you control the apps that are loaded it prevents them from downloading another browser from the app store which would bypass K9

TWO WORDS ABOUT INSTAGRAM....

REMOVE IT!



LIE ALERT!

“Mom... Johnny messed my phone up and the screen froze! I couldn't do anything with it, so I had to reset it.”

Anyone can wipe out every security safeguard by setting the Apple device back to default (Factory) settings. Most people would not elect to do this, because it kills any customizations the owner has worked hard to build over time.



SECURING ANDROID DEVICES



PARENTAL CONTROL APPS FOR ANDROID

Mobicip

- Like K9 it replaces the default browser.
- It gives the added flexibility of tailoring how you filter content

Kids Place

- Makes the entire device kid friendly by locking and hiding Mom or Dad's home screen and loaded apps, making available only those you have chosen.

SECURING YOUR PC



INSTALL K9 FOR WINDOWS

From Internet Explorer Type...



The screenshot shows the K9 Web Protection website. At the top left is the K9 Web Protection logo, featuring a cartoon dog head and the text "K9 Web Protection from Blue Coat". To the right of the logo is a yellow banner with a house icon and the text "HOMES PROTECTED 3,887,470". Below the logo is a navigation bar with links: HOME, SUPPORT, CHECK SITE RATING, ABOUT K9, GET K9 NOW, SUPPORT, RESOURCES, NEWS & EVENTS, PARTNERS, and ABOUT BLUE COAT. The main content area has a large yellow banner with the text "What do you want to protect?". Below this banner are four categories: "My Children" (from adult content & risky interactions), "My Self" (from scams or temptations), "My Computer" (from spyware & malware), and "My Organization" (from adventurous users or threats). The "My Children" category is highlighted. To the right of the categories is a section titled "Protect Your Children!" with a paragraph about the dangers of the Internet for children and a paragraph about K9 Web Protection being a free Internet filter and parental control software. Below this text are two buttons: "LEARN MORE" and "FREE DOWNLOAD". To the right of the text is a photo of a family (a man, a woman, and two children) sitting on a couch, with the children looking at a laptop. At the bottom of the page is a yellow banner with the text "Download for: Windows | MacOS | iPhone, iPod, iPad | Android".

K9 Web Protection
from Blue Coat

HOMES PROTECTED
3,887,470

HOME | SUPPORT | CHECK SITE RATING

ABOUT K9 | GET K9 NOW | SUPPORT | RESOURCES | NEWS & EVENTS | PARTNERS | ABOUT BLUE COAT

What do you want to protect?

My Children
from adult content & risky interactions

My Self
from scams or temptations

My Computer
from spyware & malware

My Organization
from adventurous users or threats

Protect Your Children!

An open Internet is unsafe for children and parenting in this digital age is difficult. We provide tools for parents to control unwanted content and provide a safe Internet for your family.

K9 Web Protection is a free Internet filter and parental control software for your home Windows or Mac computer. K9 puts YOU in control of the Internet so you can protect your kids.

[LEARN MORE](#) [FREE DOWNLOAD](#)

Download for: [Windows](#) | [MacOS](#) | [iPhone, iPod, iPad](#) | [Android](#)

Installing K9 on a PC

Enter the following information...

- Name
- Email
- Verify Email
- How did you hear about K9?

Request License



Installing K9 on a PC

Welcome to the K9 Community!

Thank you for choosing K9 Web Protection! At Blue Coat, we believe that homes connected to the internet should be safe. Whether you are protecting children from adult content, assisting yourself in avoiding threats and temptations, or keeping your computer clean from spyware and malware, we hope that K9 will serve you well. For these reasons, we make K9 Web Protection free to all home users.

We also need concerned and involved people like you to help us spread the word about these issues and the tools available to help others. Below are some suggestions on effective community actions.

Install K9 Web Protection

Do the following to install K9 Web Protection:

1. [Download K9 Web Protection](#)
2. During the installation, you will be asked for your license. Your K9 Web Protection license is:

K9DEAE8FZB
3. You will also be asked for an administrator password. Please choose one that you will not forget. K9 Web Protection is a security product, and by design, it's hard to get around, so please

REMEMBER YOUR PASSWORD!

Installing K9 on a PC

Download K9 for Win/Mac

K9 Web Protection will run on Microsoft ® Windows 7, Windows Vista, Windows XP, and Mac OS X 10.4.7 and higher.

It requires very little disk space, memory, or processing power. We recommend that you have about 25 MB of free disk space available for log files.

You will need a K9 Web Protection license **before** you install the software. [Click here](#) to get your license if you have not already.


To get the software, click the appropriate button below that corresponds to your operating system. Double-click the installation file to begin installation. You will have to agree to our EULA and Terms of Service to install or use K9 Web Protection.





The K9 Home Screen




Blocking Categories

 HOME

 VIEW INTERNET ACTIVITY

 SETUP

 GET HELP

 SETUP Web Categories to Block Time Restrictions Web Site Exceptions Blocking Effects URL Keywords Safe Search Advanced Password/Email K9 Update Web Categories to BlockSet the categories you want to block or allow. [More Help . . .](#)☐ High Protects against all default-level categories plus social interaction and unrated sites.☒ **Default** Protects against all adult content, security threats and sexually-suggestive sites.

The following categories are currently blocked. (Click category name for description.)

☐ Moderate Protects against adult content, security threats and illegal activity.☐ Minimal Protects against pornography and security threats.☐ Monitor Allows all categories - only logs traffic.☐ Custom Select your own set of categories to block.

Monitoring Activity



K9 Web Protection Administration

Logout

HOMEVIEW INTERNET ACTIVITYSETUPGET HELP

VIEW INTERNET ACTIVITY

- View Activity Summary
- View Activity Detail

View Activity Summary

This is a summary of Web activity on your computer. [More Help ...](#)

Category Hit Summary

Category	Hits
✓ Streaming Media / MP3	817
✓ Content Servers	734
✓ Arts / Entertainment	623
✓ Non-viewable	481
✓ Computers / Internet	394
✓ Business / Economy	385
✓ Education	361
✓ Search Engines / Portals	289
✓ Society / Daily Living	180
✓ Web Advertisements	163
✓ Travel	158
✓ News / Media	156
✓ Social Networking	112
✓ Brokerage / Trading	72
✓ Email	65
✓ Personal Pages / Blogs	34


General Hit Summary

Requests	Hits
URL Requests	3665
RS Rated	779
Unrated	253
RS Unrated	71
Blocked by Category	6
System overrides	0
Local requests	0
DRTR Unrated	0
DRTR Rated	0


Recent Admin Events [\[View All\]](#)

Date	Event
19-Mar-13 07:40 AM	Recovery password requested
19-Mar-13 07:40 AM	Failed login attempt

OTHER CHOICES

- Uknowkids.com – Monitors your kid's activity on social networking sites.
 - 3xwatch.com – It sends your accountability partner a list of websites you have visited over a period of time.
 - Network monitoring and filtering
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ADDITIONAL HELP

- Email parenthelp@fbctrussville.org
 - These slides will be available for download at fbctrussville.org. We will also include instructions for MAC and Kindle
 - Two follow-up meetings will be scheduled to allow for more hands on instruction
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Thanks and God bless